

Important Notice for preventing COVID-19 at Uji Campus

○ What you should do ○

- **Wash your hands** with soap and water for at least 20 seconds or disinfect your hands by disinfectant frequently, and avoid touching your face especially mouth, eyes and nose.
- **Observe your health condition** (body temp., coughing, etc.). And if you feel under the weather, please stay home and report the health condition to your lab or office and follow their instruction.
- **Avoid three Cs** as follows,
 1. Closed Spaces with poor ventilation
 2. Crowded Places with many people nearby
 3. Close-contact settings such as close range conversations

【Reference : Ministry of health, labor and welfare】



○ Disinfection ○

Clean and Disinfect touched objects with alcohol-based spray or chlorine bleach solution (ex. Bleach, Heiter, PureLox) at least once a day.

【Reference: How you disinfect yourself to prevent from COVID-19 (Japanese)】



○ School and work ○

If you are not feeling well, stay home and take care of yourself and **please contact to your lab by e-mail or telephone.**

If you have a symptom (persistent fever, loss of taste and smell), contact to...

○Kyoto Novel Coronavirus Medical Consultation Center **075-414-5487** (Operating hours: 24/7 support)

○Public Health Center of your residence https://www.kantei.go.jp/jp/pages/corona_news.html

(in Japanese)

【Initial response】 ※First of all, be sure to contact to each lab.

If...	If you catch the cold	you are infected	you have a close contact with infected people	a person living together has a close contact with infected people
You	Immediately report to your lab			
	<p>Observe your health condition (body temp., other symptoms) Follow the instruction from lab or office</p>	<p>Follow the directions given by public health center and take a remedy</p>	<p>Stay home for 14 days. Report to your lab or office when you had any symptom like cold.</p>	<p>Observe your physical condition for 14 days Report the results to your lab. If nobody living together has any symptoms, you can come to university.</p>