

# Important Notice for preventing COVID-19 at Uji Campus

## ○ What you should do ○

- **Wash your hands** with soap and water for at least 20 seconds or disinfect your hands by disinfectant frequently, and avoid touching your face especially mouth, eyes and nose.
  - **Avoid three Cs** as follows,
    1. Closed Spaces with poor ventilation
    2. Crowded Places with many people nearby
    3. Close-contact settings such as close range conversations
- 【Reference : Ministry of health, labor and welfare】



## ○ Disinfection ○

**Clean and Disinfect** touched objects with alcohol-based spray or chlorine bleach solution (ex. Bleach, Heiter, PureLox) at least once a day.

【Reference: How you disinfect yourself to prevent from COVID-19 (Japanese)】



## ○ School and work ○

If you are not feeling well, stay home and take care of yourself and **please contact to your lab by e-mail or telephone.**

**If you have a symptom (persistent fever, loss of taste and smell), contact to...**

○Kyoto prefecture (Telephone Consultation Desk) **075-414-4726** (Operating hours: 24 hours /365 days)

○Public Health Center of your residence [https://www.kantei.go.jp/jp/pages/corona\\_news.html](https://www.kantei.go.jp/jp/pages/corona_news.html)

(in Japanese)

**DO NOT visit a doctor directly!**

Please report places you visited 2 days before onset

【Initial response】 ※First of all, be sure to contact to each lab.

If...	you are infected	you have a close contact with infected people	a person living together has a close contact with infected people
You	<b>Immediately report to your lab</b>		
	<b>Follow the directions given by public health center and take a remedy</b>	<b>Stay home for 14 days.</b>	<b>Observe your physical condition for 14 days</b> Report the results to your lab. If nobody living together has any symptoms, you can come to university.